



**Aug 2009 – Jan 2011**      **Football Player**  
**Gloucester FC**

*Outline*

Competed as part of the semi-professional league for a small national team and travelled locally to compete in small to medium competitions.

*Key Responsibilities*

- Assessing and examine various aspects of strengths and weaknesses in order to make adjustments that lead to better future performance in the future.
- Maintained equipment such as football boots and team uniform to ensure that each item was clean and in good condition.
- Participated in events, attended every match scheduled and played any role assigned by the coach both on and off the field.
- Attending all training sessions scheduled by the coach and participated in exercises as instructed.
- Represented the team at various footballing events such as fundraisers and charities
- Called upon to give guidance and inspiration to the team in the capacity of a captain or deputy captain.

**Sep 2005 – Aug 2009**      **Football Coach (Part Time)**  
**Bristol Wanderers FC**

*Outline*

Supported the Head Coach with all assigned duties and coaching, and provided direction to student athletes so that they might achieve a high level of skill as well as an appreciation for discipline, sportsmanship and teamwork in football.

**Mar 2002 – Sep 2005**      **5 Aside Football Captain (Part Time)**  
**Cheltenham FC**

## **Education & Qualifications**

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**MSc (Hons)**      **Applied Sport Science**  
*University of the West of England (2009)*

**BSc (Hons)**      **Sport and Exercise Science**  
*Leeds Metropolitan University*

## **Additional Information**

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**Interests**      Football, Martial Arts, Golf, Health and Fitness

**Memberships**      The Football Association (FA)

## **References available on request**

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